

# This Week in the Life & Work of our Church

## KINCARDINE UNITED CHURCH

721 Princes St. N., Kincardine ON N2Z 2A3

The congregation of Kincardine United Church strives to be a loving, hopeful and inclusive community of faith that nurtures Christian discipleship.

Link to Sunday 10:30 a.m. Zoom Service: <https://us02web.zoom.us/j/84938054100>

Passcode: 3962391

Office Coordinator's email: [kuchurch@bmts.com](mailto:kuchurch@bmts.com) ♦ Office phone: 519-396-2391

Office Hours: 1:30 – 5 p.m. Tuesday through Friday

Gord's email: [gord.kuc@bmts.com](mailto:gord.kuc@bmts.com) ♦ Gord's cell (for pastoral emergencies): 519-386-6346

Donation Steward's email: [kucdonate@bmts.com](mailto:kucdonate@bmts.com)

Web site: [www.kincardineunitedchurch.org](http://www.kincardineunitedchurch.org)

YouTube: [KUC YouTube Channel](#) Facebook: [KUC Facebook Page](#)



**Masks are required to enter the building until further notice.**

### THE ADMINISTRATION COMMITTEE NEEDS

#### YOU, AND YOU, AND YOU!

**We need**



Yes, the Administration Committee (Property and Finance) welcomes more members.

The Secretary, Julia Metzger, recently resigned and the current chairperson, Donna Mowry, is retiring as of June 30. Please contact any member of the committee if you wish to join or if

you need more information. The property team certainly welcomes more willing hands.

*Current members – Donna, Ralph, Jack, Gregg, John Phillips, John Brash*



### UCW SUNSHINE UNIT MEETING

Sunshine Unit will meet May 11, at 1:30 p.m. in the Choir Room.

"Think Spring".



### TRUSTEES MEETING

Friday May 13 at 9:30 AM By Zoom.

Please contact Jack Nancekivell if you wish to attend.

[inance@bmts.com](mailto:inance@bmts.com)

### **CELEBRATION OF LIFE HYMN SING SERVICE on MAY 29**

This service is designed to remember those who once lived among us but are no longer with us. It will be held on May 29 at 10:30 a.m.

It consists of hymns, scriptures, readings, prayers and memorials.

Each hymn is sponsored by one or more members of the congregation by making a donation to the church in memory of a loved one or friend.

During the service, these names are read aloud along with the name of the sponsor.

If you wish to sponsor a hymn, please print and complete the Sponsorship Form\* and return it to the church office by mail (721 Princes St., Kincardine, ON, N2Z 2A3) or in person (Tuesday – Friday, 1:30 – 5:00 pm).

Your donation may be made by mailing/delivering a cheque with your Form or by sending an e-transfer to the Donation Steward ([kucdonate@bmts.com](mailto:kucdonate@bmts.com)).

Be sure to indicate that is for the Celebration of Life Hymn Sing Service. Deadline for submissions is Tuesday, May 24 at 2 pm.

Come and join us as we sing some old familiar hymns.

**\*If you didn't receive the form by email, it is at the end of these announcements.**

### **GORD'S STUDY LEAVE**

Gord will be away on study leave from Monday, May 9<sup>th</sup> to Monday, May 23<sup>rd</sup> inclusive.

He is attending the Festival of Homiletics in Denver, Colorado. The theme for the conference is "After the Storm: Preaching and Trauma." Some topics include "Riding the Dragon: Preventing Secondary Stress in Ministry," "Out of the Depths: Preaching in the Wake of Mass Trauma" and "We are Neither Here nor There: How to Survive in this Liminal Space." Please pray for



him to learn from what he experiences and the people he meets. Emergency Pastoral Care will be provided by **Marsha Roberts (519-270-9883)** from Monday, May 9<sup>th</sup> to Sunday, May 15<sup>th</sup> and by **Gerry Hofstetter (519-797-3495)** from Monday, May 16<sup>th</sup> to Monday, May 23<sup>rd</sup> while Gord is away. Marsha is the minister at Ripley-Bervie-Kinloss United Churches and Gerry is a retired minister living in Southampton.

### **THE CHURCH GARDENS ARE MULCHED!**

BIG THANKS TO...

Jim and Nancy Hamilton who donated the mulch and had it delivered

The volunteers who came Sat. Apr. 30 a.m. -

Marion and Howard Brown, Gord Dunbar, Ron Harris, Angela Hazlewood,

Mary Ann and Ralph Knowles, Jim Laliberte, & Melinda Smegal

All done and a wee snack in less than an hour ... Wow!!

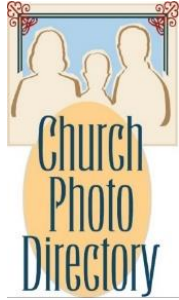
Special thanks to all for making it happen. Shirley Marie Harris

**PHOTO-TASTIC!**

The Photo Directory Team will need volunteers to welcome / direct the people and take down information during the five photo shoot days. The volunteers will be working for 2-4 hours at a time during the daily 8-hour photo session.

Please contact Melinda, at 519-396-7184, if you wish to assist. That would be PHOTO-TASTIC!

**SMILE !!**



Kincardine United Church is finally going to have a **new Photo Directory**. Universal Portrait Studios will be here **Tuesday, May 17 through Saturday, May 21st**, just before Victoria Day, to take photos for us.

If you have not been pre-called by a church member, please contact Melinda Smegal, 519-396-7184, to update your contact information and to ask questions. Universal will start calling members very soon to book appointments. **SAVE THE DATES.** We would LOVE to have YOUR photo included in our new KUC Photo Directory.

**SERVICE OF PRAYERS FOR HEALING  
SUNDAY, MAY 29<sup>TH</sup> AT 7:00 P.M.**



Join us for this special, intimate and contemplative service in the Iona tradition. Too often in our living we struggle with woundedness – whether of the body, of the mind or of the spirit. Come and discover a place of healing for your soul rooted in Gord’s experience on the Scottish island of Iona where Celtic Christianity flourishes and transforms many ordinary pilgrims.

**COMMITTEE MEETINGS**

<b>Committee</b>	<b>Meeting Time</b>	<b>Location</b>
Trustees	May 13 <sup>th</sup> , 9:30 a.m.	via Zoom
Membership & Mission	May 17 <sup>th</sup> , 7-9 p.m.	via Zoom



**Choir practices have resumed.** They are Thursdays at 1:30 p.m. in the Sanctuary, and Sundays at 9:45 a.m. in the Choir room. Everyone is welcome to join the Choir. If you are interested, please see David Hamilton.



Planning ahead,  
UCW request any  
houseplant growers  
to root some slips  
for a fall project!  
More direction will  
come as the plan  
develops! -Krista  
and Ann



Please continue to  
save Christmas tins!





## Silver Lake Camp Donation Needs Summer 2022



### Kitchen

- Tea towels
- Dish clothes
- Rubber spatulas
- Kitchen timer
- Meat Thermometers
- Measuring cups and spoons

### Bathroom

- Plastic Shower Curtains

### Maintenance

- Paint Brushes
- Large Rubbermaid storage bins with lids
- Extension Cords
- LED light bulbs (bright white 60 amp)
- Box fans

### Waterfront

- Canoe paddles

### Other

- Canadian Tire Gift Cards
- Home Hardware Gift Cards

Contact Kayla at [silverlakeworkbee@gmail.com](mailto:silverlakeworkbee@gmail.com) to arrange pick up of any listed items you are donating. If you would like to make a financial donation to Silver Lake instead, you can either do so through their website or via e-transfer to [Silverlakeadmin@gmail.com](mailto:Silverlakeadmin@gmail.com).





# Understanding Dementia



Caring for someone with dementia can be both rewarding and challenging. As you start to see your loved one change, it can become frustrating, confusing and sometimes even scary. Join Sandra Hong from the Alzheimer Society Grey Bruce, as she helps us gain a better understanding of dementia and best practices to supporting your loved one and yourself.

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### Learning Objectives:

- What is dementia?
- Strategies for communicating effectively
- Adapting to changes in the brain

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**Thursday May 19th, 2022**

**[ 1:00 - 2:30 pm ]**

**Zoom Presentation**

**Registration Required**

To register for event, please contact:  
(519) 371-5331 ext 247 | [michelle.cliche@von.ca](mailto:michelle.cliche@von.ca)



## Bereavement Support -Spring 2022

There is no right or wrong way to grieve...there is only your way and your grief experience will be unique to you. While it can be difficult, reaching out for support after a loved one's death can be helpful and comforting.



### Bereavement Support Groups

Our groups provide a supportive and compassionate atmosphere for sharing and listening. Facilitators and group members attend all 6 sessions, allowing for a greater level of comfort in discussing relevant topics. In person sessions start in May 2022, so please call to find out more and to register.

### Grief Walk

A walking group for those grieving the death of a loved one. Join trained volunteers for fresh air and exercise with others who are grieving. Share your experiences, receive support – or simply just walk with others who understand. Starting mid-May 2022.

### Drop-in Chat

The Drop-In Chat is an informal opportunity to receive grief support in a safe, compassionate place with others going through similar experiences. Drop-In Chats occur on Zoom every Tuesday at 9:30am. Call to register.

### Mindfulness and Grief Webinar series

This is a nine week Zoom webinar series about how Mindfulness practice can be incorporated into your life and be used as a tool to help with your grief journey. The series starts Monday May 2, 2022 at 11 am.

### One to One Bereavement Supports

VON provides one to one telephone bereavement supports by trained volunteer. It is an opportunity where the grieving individual can speak openly about their feelings. Each individual can expect to receive a weekly call from a trained volunteer once a match has been made.

## You Are Not Alone

For further information or to register, please contact

Ingrid Bell MSW at 519-376-5895 ext.260 or [ingrid.bell@von.ca](mailto:ingrid.bell@von.ca)



VON Chatham-Kent, Grey Bruce, Middlesex-Elgin, Oxford & Perth-Huron Present:

# Regional Grief Support Groups

## For Specific Death-related Losses



VON is pleased to offer four virtual support groups for individuals grieving specific losses, including: Death by Suicide, Addiction-related Death, Medical Assistance in Death (MAiD) and Death of a Child. Groups are held **Tuesdays from 6:30pm-8:00pm**, virtually over Zoom.

### PRE-REGISTRATION IS REQUIRED

#### Death by Suicide

Group will take place the first Tuesday of every month: April 5, May 3, June 7, July 5, 2022

#### Addiction-related Death

Group will take place the second Tuesday of every month: April 12, May 10, June 14, July 12, 2022

#### Death of a Child

Group will take place the third Tuesday of every month: April 19, May 17, June 21, July 19, 2022

#### Medical Assistance in Death (MAiD)

Group will take place the fourth Tuesday of every month: April 26, May 24, June 28, July 26, 2022

### BENEFITS OF THE GROUP:

- Confidentiality is respected
- Support is compassionate & judgement free
- Facilitated by trained staff & volunteers
- Program is free of charge

For more information or to register, contact your local VON Bereavement Support Coordinator:

Middlesex – Sarah Chouffot  
(519) 245-3170 ext 227 or [sarah.chouffot@von.ca](mailto:sarah.chouffot@von.ca)

Elgin – Trevor Lozon  
(519) 637-6408 ext 222 or [trevor.lozon@von.ca](mailto:trevor.lozon@von.ca)

Oxford – Vanessa Matthews  
(519) 537-8515 ext 3 or [vanessa.matthews@von.ca](mailto:vanessa.matthews@von.ca)

Chatham-Kent – Erin Crow  
(519) 437-8989 or [erin.crow@von.ca](mailto:erin.crow@von.ca)

Grey Bruce - Ingrid Bell  
(519) 376-5895 ext 260 or [ingrid.bell@von.ca](mailto:ingrid.bell@von.ca)

Perth-Huron – Sheri Gilhula  
(519) 271-7991 ext. 4232 or [sheri.gilhula@von.ca](mailto:sheri.gilhula@von.ca)

VICTORIAN ORDER OF NURSES FOR CANADA  
South-West Region

# CELEBRATION OF LIFE HYMN SING MAY 29, 2022

KINCARDINE UNITED CHURCH  
721 PRINCES ST. KINCARDINE, ONTARIO N2Z 2A3  
519-396-2391

Many of us have lost family members, close friends and other loved ones whom we wish to remember and celebrate. Our **Celebration of Life Hymn Sing** will be held this year on **Sunday May 29th, 2022** at 10:30 am in the Kincardine United Church Sanctuary.

The service will include hymns, prayers and scripture readings dedicated to the memories of those we have lost and to celebrate their lives.

We invite you to support this service with memorial donations. Please put the name or names of the person(s) you wish to honour during this service, along with your name as the sponsor, on page 2 of this letter.

Payment methods we will accept are cash, cheque, or e-transfers to [kucdonate@bmts.com](mailto:kucdonate@bmts.com). Please visit <http://www.kincardineunitedchurch.org/content/e-transfers> if you need more details on how to e-transfer.

A tax receipt will be issued for your donation by February 2023.

The names of those to be remembered and those who donated on their behalf will be recognized during the service.

**In order that the service can be prepared for this special event we need your reply by TUESDAY MAY 24, 2022 at 2 PM.** We may not be able to ensure the inclusion of your name in the bulletin if it is not received by that time.

We intend that this Celebration of Life service continues to be a highlight of our Church worship experience. Your participation makes it successful. We look forward to having you join us to share in this service of remembering and celebration.

Please forward the completed form on page 2 along with your cheque for the total of your sponsorship (payable to Kincardine United Church) to the Church Office at 721 Princes St., Kincardine, Ontario N2Z 2A3. You may also drop off the paperwork at the Office between 1:30 pm – 5:00 pm Tuesday through Friday or place it in the offering plate. If you pay by e-transfer, please be sure to note it at the bottom of the form.

If you have any questions, or require more information about this service please contact the Church office at 519-396-2391.

Yours truly,

Celebration of Life Hymn Sing Service Committee

## 2022 CELEBRATION OF LIFE HYMN SING

Please make sure your form is received at the Church office  
no later than **MAY 24, 2022 at 2 PM.**

*\*Please print*

<b>NAME:</b>  			
<b>ADDRESS:</b>  			
<b>IN MEMORY OF:</b> (If you would like to make a donation to the Hymn sing service but do not wish to sponsor a hymn, leave this section blank)  			
<b>PHONE NUMBER:</b>  			
<b>AMOUNT OF DONATION:</b>  <b>PAYMENT METHOD (<u>Put an X next to one</u>) :</b>  <table><tr><td><u>E-TRANSFER</u></td><td><u>CHEQUE</u></td><td><u>CASH</u></td></tr></table>	<u>E-TRANSFER</u>	<u>CHEQUE</u>	<u>CASH</u>
<u>E-TRANSFER</u>	<u>CHEQUE</u>	<u>CASH</u>	

Complete this Form and mail/deliver to the church at 721 Princes St., Kincardine, Ontario, N2Z 2A3. Office hours are Tues-Fri 1:30-5 p.m. Donations may be sent to the Donation Steward (kucdonate@bmts.com) by e-transfer or you may mail/bring a cheque to the Church Office.