

This Week in the Life & Work of our Church

KINCARDINE UNITED CHURCH

721 Princes St. N., Kincardine ON N2Z 2A3

The Congregation of Kincardine United Church seeks to foster a journey of spiritual growth through hospitality, service, fellowship and study, and, in community, to build up the ministry of every person and together experience God's abundant love and grace.

Link to Sunday Zoom Service: <https://us02web.zoom.us/j/84938054100>

Passcode: 3962391

Donation Steward: kucdonate@bmts.com

Gord's email: gord.kuc@bmts.com

Gord's cell (for pastoral emergencies): 519-386-6346

Donation Steward: kucdonate@bmts.com

Office Coordinator's email: kuchurch@bmts.com

Office phone: 519-396-2391 ♦ Office Hours: 1:30 – 5 p.m. Tuesday through Friday

Web site: www.kincardineunitedchurch.org YouTube Channel: [KUC YouTube Channel](#)



UCW SUNSHINE UNIT MEETING

The Sunshine Unit will meet in Fellowship Hall **Wednesday October 13, at 1:00 p.m.** Please bring your own beverage and wear a mask.

NEW CHURCH OFFICE HOURS AS OF OCTOBER 12th:

When the church office reopens on October 12, the new hours will be **1:30 – 5 p.m. Tuesday through Friday.**



KINCARDINE UNITED CHURCH REOPENING

The Church Council has approved a reopening plan, with Grey Bruce Public Health protocols in place, for in-person Worship which started September 26, 2021 and for non-worship activities which will begin on October 12, 2021.

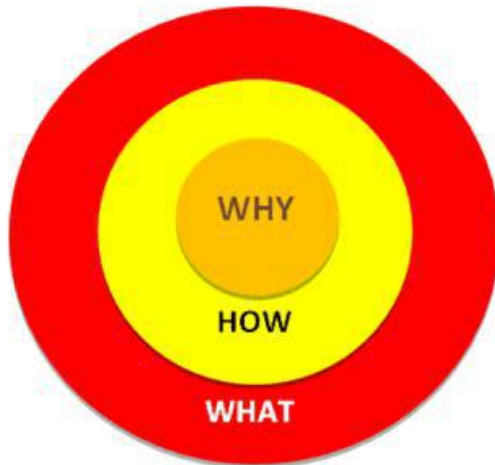
Worship Services will continue to be live-streamed on Sunday mornings, found on YouTube later in the day and broadcast on local TV the week after.

More information here:

http://www.kincardineunitedchurch.org/sites/default/files/church_re-opening_recommendations_-_council_approved.pdf

For church bookings contact Liz Dillman or Judy Zarubick by phone or use this form: <http://www.kincardineunitedchurch.org/contact/Booking-Facilitators>

WHY KINCARDINE UNITED CHURCH?



Join us for at a Town Hall to consider why we exist as a community of faith. What is our purpose in this community? What is unique about our congregation that makes a difference in Kincardine? The Council and our standing committees have discerned their perspective. Now it is your turn. Choose which one of two possible Town Halls you wish to join that will last no more than one hour under Gord's leadership. **Sunday, October 17th at 7:00 p.m. or Sunday, October 24th at 3:00 p.m.** The Zoom link for both dates will be on our website. See you then!

EMBRACING A LIFE OF MEANING

Best-selling author Kathleen Norris provides a unique viewpoint on “what matters most,” including:

- **Belief Matters:** Why does belief matter? To what do we give our hearts? What is the core message of what we believe – creeds or commitment? To what extent is to believe also “to be-love?”
- **The Bible Matters:** The Bible is our collective story. How is that story reflected in our daily lives? What is it about the Bible that always seems to address our present moment?
- **Community Matters:** In community, individualism and imperfection meet grace and acceptance. What is our part in the Body of Christ?
- **Place Matters:** In what ways is faith set within the physical space of home, church, land and people?
- **We Matter:** What does it mean to remain in God's image and to counter our selfishness by embracing the world and its needs?



Each session includes a 10-15 minute DVD presentation by Kathleen Norris, followed by a 10-15 minute filmed interaction with a small group of adults. No previous experience is needed. **Thursdays by Zoom from 7:00 p.m. to 8:30 p.m. on October 14th (“Belief Matters”), October 21st (“The Bible Matters”), October 28th (“Community Matters”), November 4th (“Place Matters”) and November 11th (“We Matter”).** Join us for this engaging study by accessing the Zoom link on the Kincardine United Church website. See you online!

GENEROSITY IN OUR CHANGED TIMES

For over 18 months we have lived the reality of this pandemic. Church life is forever changed. While we have carefully returned to in-person worship, we still live-stream. Potluck dinners are a fond memory, masking a common practice, and we are still limited in what we can do within the building. All of this is because we are looking out for one another, keeping each other safe and well.

Yet, our mission is ever present. Those isolated at home are contacted regularly. The new automatic door buttons are installed. The lights in the sanctuary are replaced with energy-efficient LED bulbs, the fans have been cleaned and the new heat pumps worked well this summer. Meetings work well on Zoom while the choir is slowly regaining their repertoire. Funerals are now commonly at the graveside while weddings are more commonly celebrated outside. The Tech Crew continues to make the magic happen. Our giving hearts continue to welcome on another in new ways.



On Sunday, October 10th, Thanksgiving Sunday, our annual Stewardship Programme will begin. By the end of October, you will receive a package by either snail mail or by e-mail. In that package will be resources to help you



prayerfully consider how God is calling you to give of your time, of your talent and of your treasure within our family of faith. Once you have made your decision, there will be instructions to return your Response Card, informing the Envelope Steward how God is guiding you to give.

We hope this will be a rich opportunity for each of us to reflect on the blessings of life, discerning how we can live out our response.

THANK YOU IN ADVANCE
for everything you share for the ministry we proclaim in Jesus' name.

WE NEED YARDS TO CLEAN



Do you have a yard that will need leaves and stray branches picked up this fall – especially when you can't do it anymore? Do you wish there was a group of youth willing to do it for you – FREE? On **Wednesday, October 20th**, volunteers from the Big Brothers and Big Sisters will be available for that purpose for up to four small- to medium-sized properties. Work will be completed while strictly



observing pandemic safety protocols. Properties will be scheduled on a first-come, first served basis, so contact Gord Dunbar (gord.kuc@bmts.com or at 519-386-6346) to get on the list. Thank you to Big Sisters and Big Brothers for leaving us the opportunity to be served as we branch out into the community.

WEEKLY DEADLINE FOR ANNOUNCEMENT INFORMATION
Submit information to kuchurch@bmts.com by 4 PM on TUESDAYS

WANTED – SENIORS!

Wanted!! Seniors interested in working to improve our community. **Kincardine & Area Seniors Advisory Action Committee** needs your ideas and input. Meetings are held once per month – by Zoom at the moment. Our most recent project was a transportation survey. Future plans will focus on Accessibility and Long-Term Care Challenges. Contact Randy Hughes: randyhughes54@gmail.com or at 519 396 3857. ...And, no, we won't make you stick around for 37 years. Thank You for considering volunteering for this opportunity.



I said I'd help.
That was 37 years ago.

WE NEED VOLUNTEERS!

FOOD ACCESSIBILITY AND INSECURITY AMONG RURAL SENIORS



**INVITING SENIORS 70+ YEARS IN
HURON, BRUCE, PERTH, AND GREY
COUNTIES TO PARTICIPATE IN A
RESEARCH STUDY**

- Gateway Centre of Excellence in Rural Health hopes to gain a snapshot of the food insecurity and accessibility challenges among seniors.
- The study explores eating patterns, food consumption, food insecurity experiences, accessibility to food, and the adequacy of diet.
- **We are seeking 20 participants in each county to partake in a 60-minute phone interview.**



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 **Gateway**
Centre of Excellence
In Rural Health

ABOUT THE RESEARCH



- Adequate nutrition is part of a healthy lifestyle, but just as important, it is critical for people who live independently or may be managing chronic disease.
- The study will help address food concerns connected to the health of the rural senior population.
- Gateway Centre of Excellence in Rural Health has partnered with the University of Guelph for this study.

CONTACT INFORMATION

If you, or someone you know, have interest in participating or would like more information, please contact:

Casandra Bryant, Project Manager
casandra@gatewayruralhealth.ca or 416-892-8065

Al Lauzon, Principal Investigator
allauzon@uoguelph.ca or 519-280-5750

Your experience is valuable and your time is appreciated.

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74 Kingston St (upstairs office)
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<https://www.gatewayruralhealth.ca/food-insecurity.html>

